Job Title: Physical Therapist Assistant (PTA) Location: Boynton Beach, Florida Reports to: Dr. Guy Romain Start Date: June 2023 Salary: Commensurate with Experience

NeuroFit360 Physical Therapist Assistant (PTA) Job Description

The **Physical Therapist (PTA)** works in an outpatient clinic designed to help individuals with neurological injuries continue to improve health, maintain fitness, and prevent unwanted secondary health problems such as skin breakdown, joint contractures, and muscle atrophy. Main responsibilities involve working collaboratively with a clinical director and physical therapist to support clients striving to achieve functional independence. Additional tasks include documenting, developing and offering uniquely individualized, intense, innovative, and skilled treatment, and working with families toward maintaining the highest quality of life for clients.

Physical Therapy Assistant (PTA) Job Responsibilities and Duties

- Follow the plan of care outlined in the evaluation by the Physical Therapist, confirm changes, progress and/or regress clients adequately within the plan of care
- Manage physical condition and symptoms of clients. Review medical history and diagnosis, and movement dysfunction to enhance physical function and promote recovery.
- Develop effective individualized treatment plans that focus on providing intensive, innovative and skilled physical therapy treatments. Coach and teach clients therapeutic exercises and stretches to improve their condition. Assess the effectiveness of proposed treatment plans and adjust accordingly. Actively restore, maintain, and promote physical functions while reaching optimal wellness and quality of life as it relates to movement and health.
- Maintain accurate records on treatment, progress, and goals. Report results and outcomes in a measurable manner. Adapt treatment plans accordingly. Educate clients and families on proper and safe home exercise techniques built on proposed treatment plans.
- Maintain inventory of equipment and inform management when replenishment, repair, or service is necessary
- Maintain professional licenses and stay up-to-date with technical knowledge pertaining to neurological recovery. Attend educational workshops, review professional publications, and establish personal networks.

Physical Therapy Qualifications and Skills

- Minimum of 2 years as a licensed physical therapist assistant within good standing in the respective state
- 1 year of clinical experience working with clients with neurological conditions
- Experience working with clients with neurological conditions
- Extensive knowledge of anatomy, neurological injuries, therapeutic exercise, and treatment modalities
- Compassion and empathy for clients who are often in pain. Ability to pay attention to detail and understand clients' needs. Capacity to deliver effective treatment while preventing further injury
- Maintain quality of preferred PT/PTA relationship as per standard practice guidelines
- Excellent verbal and written communication to interact with clients, doctors, and family members
- Interpersonal skills to build positive relationships and motivate clients
- Physical stamina to lift patients and spend long hours standing and modeling exercises, and capacity to assist with the transfer of clients up to 200lbs

*The successful candidate will travel to NeuroFit360's home office in Cooper City Florida for training prior to the start of the position.

To apply, please forward a cover letter and resume to <u>administration@neurofit360.com</u>

Equal Opportunity Employer

NeuroFit360 is committed to creating a diverse work environment and is proud to be an equal opportunity employer. NeuroFit360 does not discriminate on the basis of race, color, national origin, sex, gender identity, religion, sexual orientation, age, disability, parental status, veteran status, or any other protected status under applicable laws. We encourage individuals of all backgrounds to apply. If you are a qualified candidate with a disability, please e-mail us at administration@neurofit360.com if you require a reasonable accommodation to complete this application.

Don't check off every box in the requirements listed above? Please apply anyway! Studies have shown that marginalized communities - such as women, LGBTQ+ and people of color - are less likely to apply for jobs unless they meet every single qualification. NeuroFit360 is dedicated to building an inclusive, diverse, equitable, and accessible workplace that fosters a sense of belonging – so if you're excited about this role but your past experience doesn't align perfectly with every qualification in the job description, we encourage you to still consider submitting an application. You may be just the right candidate for this role or another one of our openings!